



## Heart: Wisdom Awakening

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By Nanna Aida Svendsen

Pleasant House Ltd. Paperback. Book Condition: new. BRAND NEW, Heart: Wisdom Awakening, Nanna Aida Svendsen, What started as a blog on the author's website has become a book. Not that Nanna intended it that way. The idea developed along with the work. HEART: Musings and messages for, and from, the heart at a time when consciousness is being called to evolve. HEART: A wanting to offer empathy and mirroring to a heart feeling wounded, grieving or lost. As well as to a heart feeling blessed by beauty, inspiration, and love. HEART: A desire to feel in the moment, grace it with presence, and share poems and reflections, from a writing life. Cherishing the heart, especially in troubled times, is the essence of this work. As it went along Nanna found it was as if the work itself was offering her heart a chance to awaken, and invite wisdom to arise. Sensing it might offer others a similar inspiration, she found herself ready to turn the writing into a book.



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