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# USING POETRY TO PROMOTE TALKING AND HEALING (PAPERBACK)



JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2016. Paperback. Book Condition: New. 246 x 173 mm. Language: English. Brand New Book. Poetry can prove a great way into difficult conversations in therapeutic, classroom or family settings. This book is a clear and practical guide to the use of poetry as a therapeutic tool to help explore issues surrounding mental health and emotional wellbeing. The first part of the book provides guidance on different methods of using poetry to open up discussion....

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- Released at 2016



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