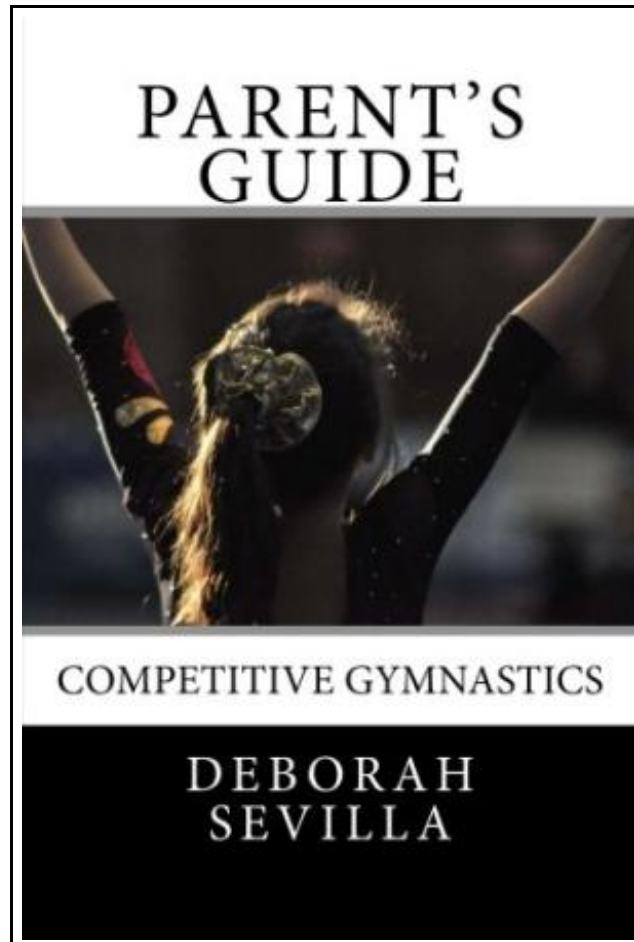


Parent's Guide: Competitive Gymnastics (Dream Believe Achieve Athletics)



Filesize: 3.28 MB

Reviews



A high quality ebook as well as the typeface employed was exciting to read. It is actually loaded with wisdom and knowledge You wont sense monotony at at any moment of the time (that's what catalogues are for concerning when you request me).

(Declan Wiegand)

PARENT'S GUIDE: COMPETITIVE GYMNASTICS (DREAM BELIEVE ACHIEVE ATHLETICS)



CreateSpace Independent Publishing Platform, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Deborah Sevilla, creator of the Dream Believe Achieve Athletic sport-specific journals and scorebooks, has reached out to help parents ease into the world of competitive gymnastics. This helpful guide was created with the help of coaches from different gyms, judges, sports psychologists, and fellow gym parents from around the world. When Deborah's own daughter entered into the world of competitive gymnastics, she found it exciting, overwhelming, as well as confusing. No one tells you what is going on, what is normal, and what is expected at the gym, at practice, at meets. Years later as an employee of her daughter's gym, the questions she had back then are the same questions she is asked over and over by parents new to gymnastics. While working meets, Deborah also heard the same questions coming from other gyms and the parents of their gymnasts. Many gyms write and distribute their own policy handbooks to new parents. These handbooks are gym-specific, and offer helpful information regarding tuition, late fees, and practice hours, but fail to explain much of anything else. Parents always wonder whether their gym's policies are the norm or unreasonable. Questions always arise regarding preparation for practices and meets, parental involvement during practices, and proper etiquette at meets. This guide is loaded with valuable information to answer your questions that are not answered in your gym's policy handbook. You will also find a glossary of gymnastics terms to help decipher "gymnast-speak", as well as forms for you to complete with your own gym's information, contacts, and other important information you need to know. All of this is easily accessible and kept together in this guide. TABLE OF CONTENTS INTRO BEFORE TEAM CONGRATULATIONS! * The Decision: Know what you're getting into....

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