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## What You Must Know About Thyroid Disorders What to Do About Them: Your Guide to Treating Autoimmune Dysfunction, Hypo- and Hyperthyroidism, Mood. Loss, Weight Issues, Celiac Disease More (Paperback)

By Pamela Wartian Smith MD

Square One Publishers, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is estimated that one in twenty people have a thyroid problem, with the majority of sufferers being women. To make matters worse, many who are affected by thyroid dysfunction are unaware that they have a problem, and typically, they go undiagnosed for years. In the meantime, they experience a variety of symptoms, including fatigue and weight gain or loss, forgetfulness, sleepless nights, irritability, and more. But it doesn't have to be that way. Written by best-selling author Dr. Pamela Wartian Smith, *What You Must Know About Thyroid Disorders What to Do About Them* enables readers to identify common thyroid problems and seek the treatment that they need. Written in easy-to-understand language, the book begins by explaining how important the thyroid is in regulating the body's metabolism, which, in turn, plays a vital role in controlling the functions of the heart, brain, liver, lungs, kidneys, and intestines. It then goes on to discuss the most common thyroid-related disorders and symptoms, including hypothyroidism, hyperthyroidism, autoimmune dysfunction, celiac disease, thyroid cancer, mood swings, and excess weight gain. Each discussion starts...

### Reviews

*This book is really gripping and fascinating. Of course, it is actually play, nonetheless an interesting and amazing literature. You will not feel monotony at anytime of the time (that's what catalogs are for about if you request me).*

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*This ebook is amazing. I actually have read and i also am certain that i will going to read once more again down the road. I found out this pdf from my dad and i advised this book to discover.*

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