



Secret Power of the F Word: Handing Over and Letting Go!

By Anne Hassett

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Secret Power of the F Word: Handing Over and Letting Go!, Anne Hassett, The irreverent title belies the deeply spiritual nature of the contents of this book. It came about through the authors own experience. The title, alone, captures attention from the would-be purchaser of the book. This book is based on the very simple idea of stepping out of an ego controlled life with all its limitations, lack and mistakes and handing over to the Unlimited Power of Source through working from the Higher Self. It shows how to get away from struggle, stress and strain and effortlessly to step into a better, easier and more abundant life. It explains, in a simple and easy to understand way, who and what the ego and the Higher Self actually are. The simplicity of the ideas contained in this book means that it is not a huge tome; that would defeat the effortlessness and ease with which the book hopes to help the reader to change his or her own life. It will appeal to those who have tried all the methods of self improvement and still feel they are getting nowhere. It...



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