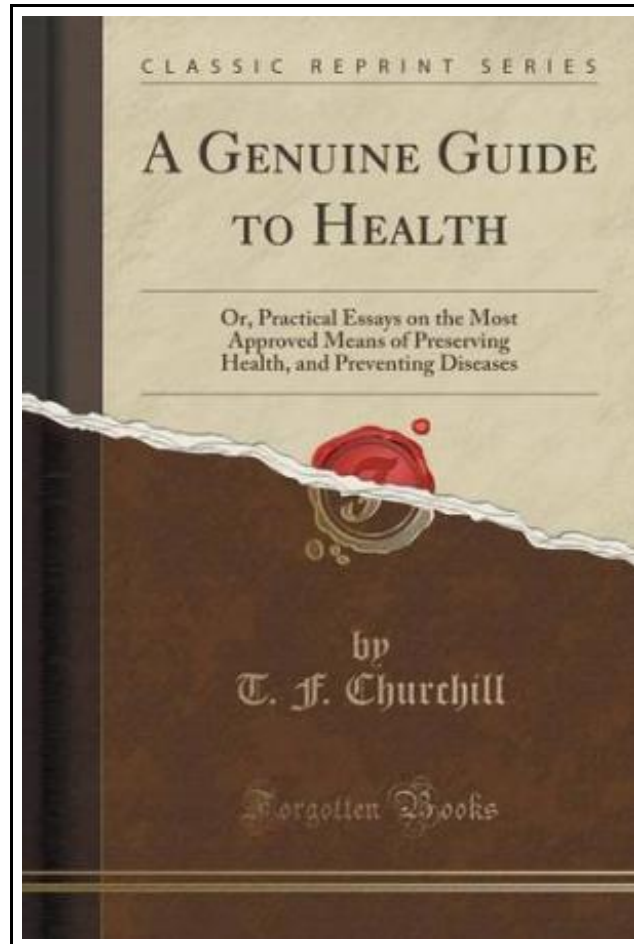


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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from **A Genuine Guide to Health: Or, Practical Essays on the Most Approved Means of Preserving Health, and Preventing Diseases** My Lord Duke, The following pages, originally designed for public utility, as a guide for the conduct both of the healthy and invalid, I have deigned, with all due submission, to lay at your Grace s feet, in the conviction of the interest which your Grace always feels in alleviating the distresses of humanity. Every one who labours to promote the welfare of his fellow-creatures, and soften the sufferings attendant on human life, however humble the attempt, will, I flatter myself, be considered by your Grace as not altogether unprofitably employed, and may reasonably indulge himself in the hope of meeting with the favour and protection of the good and virtuous. As it is the well-known characteristic of your Grace to dispense with a liberal hand those blessings among the necessitous, with which Providence has so abundantly favoured you, I trust I may be allowed to address these few trite observations, on a subject in which every one is materially concerned, to your Grace, without incurring the hazard of being considered vain or ostentatious. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a reproduction of an important historical work. Forgotten Books uses state-of-the-art technology to digitally reconstruct the work, preserving the original format whilst repairing imperfections present in the aged copy. In rare cases, an imperfection in the original, such as a blemish or missing page, may be replicated in our edition. We do, however, repair the vast majority of imperfections successfully; any imperfections...

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