



Bicycle Commuter s Pocket Guide: *Gear You Need * Clothes to Wear *Ttips for Traffic *Roadside Repair (Paperback)

By Robert Hurst

ROWMAN LITTLEFIELD, United States, 2010. Paperback. Book Condition: New. 252 x 86 mm. Language: English . Brand New Book. As sensible as it may seem in an era when fuel prices are skyrocketing in tandem with environmental consciousness, a switch to bicycle commuting doesn't necessarily happen overnight. Certain questions arise: Do I really need that \$1,500 bike? Are Lycra shorts necessary? What about traffic rules? What to do when a tire blows? In *The Bicycle Commuter's Pocket Guide*, veteran cyclist, bike commuter, professional messenger, and author Robert Hurst gives you all the answers you need for worry-free riding. The ultimate, practical miniguide to tips, tricks, technique, and gear Compact and user-friendly For riding to work, to the grocery store, or just around town Color photos and illustrations plus a popout(r) map!.



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